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PROGRAM

Fryslân Open Synchro Masters
Championship 2024



6 & 7 July 2024

Swimming Hall Sportstad Heerenveen



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Participating Clubs

Belgium

ENN Synchro – Nivelles
FNCS – Sint-Truiden
RSCM-AquaDans – Mechelen

Canada

VanIsle Masters Artistic Swimming Club – Nanaimo

Czech Republic

S.K. Medúza Kladno – Kladno

Germany

SV Brackwede – Bielefeld

Italy

Sincro Seregno – Monza

Switzerland

Club de Natation Plan les Ouates - Plan-les-Ouates

The Netherlands

ACZ – Capelle aan den IJssel
Aqua-Novio'94 - Nijmegen
Aquarijn - Nieuwegein
AZC – Alphen aan den Rijn
DAW - Alkmaar
De Dolfijn - Amsterdam
De Houtrib - Lelystad
De Treffers - Rosmalen
DSZ – Den Haag
DZ&PC De IJssel - Deventer
Hera'11 - Hierden
HZ&PC Heerenveen - Heerenveen
PFC Rheden - Rheden
PSV Synchro Team – Eindhoven
Swol1894 - Zwolle
Synchro Breda - Breda
ZCNF'34 - Oosterwolde
ZPC Amersfoort - Amersfoort
ZPCH - Hoofddorp
ZV Westland - 's-Gravenzande
Zwemclub Eijsden - Eijsden
Zwemlust Den Hommel - Utrecht



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Program

Saturday 6 July 2024

Jury meeting	08:30 – 09:40
Meeting with coaches	09:00 – 09:30
Warm-up	09:00 – 09:30
Opening Ceremony	09:45 – 10:15
Start Championship	10:15
Technical Routines	
Duet 50 – 59	10:15 – 10:20
Duet 40 – 49	10:20 – 10:40
Duet 30 – 39	10:40 – 11:20
Mixed Duet 30 – 39	11:20 – 11:25
Duet 25 - 29	11:25 – 12:10
Duet 20 - 24	12:10 – 12:35
Medal Ceremony	12:35
Break & Warm-up	12:50 – 13:20
DEMO KNZB	13:20 – 13:25
Solo 60 – 69	13:25 – 13:30
Solo 50 – 59	13:30 – 13:55
Solo 40 – 49	13:55 – 14:20
Solo 30 – 39	14:20 – 15:00
Break	15:00 – 15:10
Solo 25 – 29	15:10 – 16:05
Solo Male 20 – 24	16:05 – 16:10
Solo 20 – 24	16:10 – 16:15
Medal Ceremony	16:15
Break & Warm-up	16:30 – 17:00
DEMO KNZB	17:00 – 17:05
Teams 35 – 49	17:05 – 17:25
Teams 25 – 34	17:25 – 18:00
Medal Ceremony	18:05
End of Day 1	18:20
Diner**	18:45 – 20:30

Sunday 7 July 2024

Jury meeting	08:30 – 09:15
Meeting with coaches	08:45 – 09:15
Warm-up	08:45 – 09:15
Start Day 2	09:30
Free Routines	
Duet 40 – 49	09:30 – 09:50
Duet 30 – 39	09:50 – 10:25
Mixed Duet 30 – 39	10:25 – 10:30
Duet 25 – 29	10:30 – 11:30
Duet 20 – 24	11:30 – 11:55
Mixed Duet 20 – 24	11:55 – 12:00
Trio 30 - 39	12:00 – 12:05
Trio 20 – 24	12:05 – 12:10
Medal Ceremony	12:10
Break & Warm-up	12:25 – 12:55
Solo 60 – 69	12:55 – 13:00
Solo 50 – 59	13:00 – 13:25
Solo 40 – 49	13:25 – 13:50
Solo 30 – 39	13:50 – 14:40
Solo Male 20 – 24	14:40 – 14:45
Solo 20 – 24	14:45 – 14:50
Break	14:50 – 15:00
Solo 25 – 29	15:00 – 15:50
Medal Ceremony	15:50
Break & Warm-up	16:05 – 16:30
Combination 40 – 64	16:30 – 16:35
Combination 25 – 39	16:35 – 16:45
Teams 35 – 49	16:45 – 17:10
Teams 25 – 34	17:10 – 17:35
Teams 20 – 24	17:35 – 17:45
Medal & Closure Ceremony	17:55 – 18:20



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Duet Women Technical Routine (50 – 59)

	Name	Club	Country	Age	Score
1	Nathalie Torenvliet Sandra van Veltom	Synchro Breda	The Netherlands	50	

Duet Women Technical Routine (40 – 49)

	Name	Club	Country	Age	Score
1	Jet van Deijk Rima van Paridon	ZPC Amersfoort	The Netherlands	45	
2	Angelique Dekker Michelle Dekker Angela Willems (Reserve)	PFC Rheden	The Netherlands	40	
3	Barbara Wijering Lineke Claessens	PSV Synchro Team	The Netherlands	42	
4	Donna Falconer Carla Veal	Vanisle Masters Artistic Swimming Club	Canada	44	

Duet Women Technical Routine (30 – 39)

	Name	Club	Country	Age	Score
1	Natasja Strengers Joselien van Schuppen	Swol 1894	The Netherlands	36	
2	Joyce Benders Sanne de Witte	AZC Alphen	The Netherlands	36	
3	Rianne Swieringa Ellen Waterlander Moniek Werkman-Rip (Res)	HZ&PC Heerenveen	The Netherlands	31	
4	Miranda Wuring Doucette Riemersma Nieske Kramer-Kooistra (Res)	HZ&PC Heerenveen	The Netherlands	36	
5	Aafke Kok Iris Pardieck	De Dolfijn	The Netherlands	30	
6	Inge van de Kragt Lisanne Boxsem	De Houtrib	The Netherlands	35	
7	Wieteke Elzinga Liza de Bruijn	DAW	The Netherlands	35	
8	Annkathrin Wagner Stefanie Gillitzer	SV Brackwede	Germany	30	





Mixed Duet Technical Routine (30 – 39)

	Name	Club	Country	Age	Score
1	Nicolay Berensen Jana Witt	De Dolfijn	The Netherlands	37	

Duet Women Technical Routine (25 – 29)

	Name	Club	Country	Age	Score
1	Jisca Majolee Julie Lorenzi	De Dolfijn	The Netherlands	29	
2	Carmen Gjergji Cheryl Dul	De Treffers	The Netherlands	28	
3	Carolin Mensendiek Nicole Schanz	SV Brackwede	Germany	25	
4	Bianca Bos Moniek Bos	ZCNF'34	The Netherlands	25	
5	Saskia Gehrels Jolinde van Zwolle	Swol 1894	The Netherlands	27	
6	Rianne Bolt Danica Savic Joyce Haarman (Res)	DZ&PC De IJsel	The Netherlands	26	
7	Bionda Evita de Moor Hélène Heersema	Swol 1894	The Netherlands	27	
8	Aster Desouter Birgit Coucke	RSCM – Aquadans	Belgium	29	
9	Veronica Bandera Ylenia Bonacina	Sincro Seregno	Italy	26	

Duet Women Technical Routine (20 – 24)

	Name	Club	Country	Age	Score
1	Ysaline Hardy Liza van den Haute	ENN Synchro	Belgium	22	
2	Marit Halfman Tess Nijhof	PFC Rheden	The Netherlands	23	
3	Camilla Bandera Beatrice Colzani	Sincro Seregno	Italy	22	
4	Elise Vanhamel Annelies Vanhamel	RSCM – Aquadans	Belgium	21	
5	Kim Rijksen Elke Brandt	PFC Rheden	The Netherlands	23	





Solo Women Technical Routine (60 – 69)

	Name	Club	Country	Age	Score
1	Alexandra Baes	FNCS	Belgium	60	

Solo Women Technical Routine (50 – 59)

	Name	Club	Country	Age	Score
1	Tosca van Haren	ZPC Amersfoort	The Netherlands	54	
2	Ingeborg Arler	ZPC Amersfoort	The Netherlands	59	
3	Edith Boxsem	ZPC Amersfoort	The Netherlands	52	
4	Geneviève Michils	FNCS	Belgium	54	
5	Rima van Paridon	ZPC Amersfoort	The Netherlands	51	

Solo Women Technical Routine (40 – 49)

	Name	Club	Country	Age	Score
1	Natasja van der Leden	DSZ	The Netherlands	48	
2	Jet van Deijk	ZPC Amersfoort	The Netherlands	39	
3	Jacomar Stout	ACZ	The Netherlands	40	
4	Lineke Claessens	PSV Synchro Team	The Netherlands	43	
5	Moniek Werkman-Rip	HZ&PC Heerenveen	The Netherlands	45	

Solo Women Technical Routine (30 – 39)

	Name	Club	Country	Age	Score
1	Christel Groenleer	PSV Synchro Team	The Netherlands	36	
2	Wieteke Elzinga	DAW	The Netherlands	37	
3	Marjolein Wiegerink	PFC Rheden	The Netherlands	36	
4	Hymke Jansen	Zwemlust Den Hommel	The Netherlands	31	
5	Liza de Bruijn	DAW	The Netherlands	32	
6	Joselien van Schuppen	Swol 1894	The Netherlands	34	
7	Sietske Klein	De Dolfijn	The Netherlands	35	
8	Melanie Domburg	AZC Alphen	The Netherlands	36	

Solo Women Technical Routine (25 – 29)

	Name	Club	Country	Age	Score
1	Rebecca Duyverman	PFC Rheden	The Netherlands	24	
2	Kim Deiman	ZPCH	The Netherlands	29	





3	Emmy Bonte	ACZ	The Netherlands	25	
4	Eline Schurer	ZC Eijsden	The Netherlands	27	
5	Julia Croz	ZC Eijsden	The Netherlands	25	
6	Sharon Dijkman	ZPC Amersfoort	The Netherlands	24	
7	Ylenia Bonacina	Sincro Seregno	Italy	29	
8	Evangelia Koutidi	Zwemlust Den Hommel	The Netherlands	29	
9	Angela Voskuilen	ZCNF'34	The Netherlands	25	
10	Danica Savic	DZ&PC De IJsel	The Netherlands	26	
11	Rianne Swieringa	HZ&PC Heerenveen	The Netherlands	28	

Solo Man **Technical Routine (20 – 24)**

	Name	Club	Country	Age	Score
1	Jelte van Gorp	RSCM – Aquadans	Belgium	20	

Solo Women **Technical Routine (20 – 24)**

	Name	Club	Country	Age	Score
1	Beatrice Colzani	Sincro Seregno	Italy	22	

Team Women **Technical Routine (35 – 49)**

	Name	Club	Country	Age	Score
1	Rianne Swieringa Nieske Kramer-Kooistra Ellen Waterlander Miranda Wuring Doucette Riemersma Moniek Werkman-Rip	HZ&PC Heerenveen	The Netherlands	35	
2	Chantal Arnoldus - van den Beukel Veerle Hagman Ellen Hoogenes-Jansen Sabrina IJsenbout Wendy IJssenbout Judith van der Knaap- Groenewegen José Prins-Ales Brenda Schulte	ZV Westland	The Netherlands	48	





	Jolanda Bouman–Zeestraten (Res)				
3	Christel Groenleer Delphie Meeuws Đorđa Petrić Mitev Jisca Ebelties Lineke Claessens Barbara Wijering	PSV Synchro Team	The Netherlands	40	
4	Ingeborg Arler Tosca van Haren Edith Boxsem Rima van Paridon Jet van Deijk Roos van der Horn Sharon Dijkman	ZPC Amersfoort	The Netherlands	44	

Team Women **Technical Routine (25 – 34)**

	Name	Club	Country	Age	Score
1	Bianca Bos Moniek Bos Jetske Postema Jacquélien Haisma	ZCNF'34	The Netherlands	34	
2	Natasja Strengers Joselien van Schuppen Charlotte van Schuppen Saskia Gehrels Bionda Evita de Moor Hélène Heersema Cindy van Engel Jolinde van Zwolle	Swol 1894	The Netherlands	29	
3	Kimberly Brotherton Marieke Wiesmeijer Mirthe Bellers Tamara Berner Janna Balfoort Jacqueline Schrauwen	Aquarijn	The Netherlands	30	
4	Nathalie Torenvliet Sandra van Veltom Marlieke van Eck Annabelle van Overveld Manon Mus Margo Rops	Synchro Breda	The Netherlands	34	
5	Angelique Dekker Michelle Dekker	PFC Rheden	The Netherlands	31	





	Marjolein Wiegerink Kirsten Hogeboom Angela Willems Maria-Elena Betrian Rebecca Duyverman Yaël Boersma				
6	Annkathrin Wagner Carolin Mensendiek Stefanie Gillitzer Nicole Schanz	SV Brackwede	Germany	27	
7	Silke Kroeze Suzanne Meulman Amber Maaskant Chantal Vlaskamp Anne Tutert Maret Hogeboom Anne van Gaal	Hera'11	The Netherlands	30	

Duet Women Free Routine (40 – 49)

	Name	Club	Country	Age	Score
1	Barbara Wijering Lineke Claessens	PSV Synchro Team	The Netherlands	42	
2	Donna Falconer Carla Veal	Vanisle Masters Artistic Swimming Club	Canada	44	
3	Jet van Deijk Rima van Paridon	ZPC Amersfoort	The Netherlands	45	
4	Delphie Meeuws Jisca Ebelties	PSV Synchro Team	The Netherlands	42	

Duet Women Free Routine (30 – 39)

	Name	Club	Country	Age	Score
1	Joyce Benders Sanne de Witte	AZC Alphen	The Netherlands	36	
2	Jacomar Stout Lucie Delsus	ACZ	The Netherlands	33	
3	Inge van de Kragt Lisanne Boxsem	De Houtrib	The Netherlands	35	
4	Aafke Kok Iris Pardieck	De Dolfijn	The Netherlands	30	
5	Angela Willems Michelle Dekker	PFC Rheden	The Netherlands	34	





	Angelique Dekker (Res)				
6	Wieteke Elzinga Liza de Bruijn	DAW	The Netherlands	35	
7	Rianne Swieringa Ellen Waterlander Moniek Werkman-Rip (Res)	HZ&PC Heerenveen	The Netherlands	31	

Mixed Duet Free Routine (30 – 39)

	Name	Club	Country	Age	Score
1	Nicolay Berensen Jana Witt	De Dolfijn	The Netherlands	37	

Duet Women Free Routine (25 – 29)

	Name	Club	Country	Age	Score
1	Bionda Evita de Moor Hélène Heersema	Swol 1894	The Netherlands	27	
2	Roos van der Horn Sharon Dijkman	ZPC Amersfoort	The Netherlands	26	
3	Aster Desouter Birgit Coucke	RSCM – Aquadans	Belgium	29	
4	Bianca Bos Moniek Bos	ZCNF'34	The Netherlands	25	
5	Esmee Reuselaars Carlijn Mussies	DSZ	The Netherlands	26	
6	Carolin Mensendiek Nicole Schanz	SV Brackwede	Germany	25	
7	Julia Croz Danique Vliegen	ZC Eijsden	The Netherlands	26	
8	Carmen Gjergji Cheryl Dul	De Treffers	The Netherlands	28	
9	Justine Brohart Magali Farina	Club de Natation Plan les Quates	Switzerland	27	
10	Rianne Bolt Danica Savic Joyce Haarman (Res)	DZ&PC De IJssel	The Netherlands	26	
11	Jisca Majolee Julie Lorenzi	De Dolfijn	The Netherlands	29	
12	Monika Váňová Anna Deáková	S.K. Medúza Kladno	Czech Republic	26	





Duet Women Free Routine (20 – 24)

	Name	Club	Country	Age	Score
1	Kim Rijksen Elke Brandt	PFC Rheden	The Netherlands	23	
2	Ysaline Hardy Liza van den Haute	ENN Synchronro	Belgium	22	
3	Marit Halfman Tess Nijhof	PFC Rheden	The Netherlands	23	
4	Elise Vanhamel Annelies Vanhamel	RSCM – Aquadans	Belgium	21	
5	Annabelle van Overveld Margo Rops	Synchro Breda	The Netherlands	22	

Duet (Mixed) Free Routine (20 – 24)

	Name	Club	Country	Age	Score
1	Giovanni van der Zon Yinli Titt	ACZ	The Netherlands	20	

Trio Free Routine (30 – 39)

	Name	Club	Country	Age	Score
1	Miranda Wuring Doucette Riemersma Nieske Kramer-Kooistra	HZ&PC Heerenveen	The Netherlands	34	

Trio Free Routine (20 – 24)

	Name	Club	Country	Age	Score
1	Monika Váňová Anna Deáková Lucie Váňová	S.K. Medúza Kladno	Czech Republic	24	





Solo Women Free Routine (60 – 69)

	Name	Club	Country	Age	Score
1	Alexandra Baes	FNCS	Belgium	60	

Solo Women Free Routine (50 – 59)

	Name	Club	Country	Age	Score
1	Rima van Paridon	ZPC Amersfoort	The Netherlands	51	
2	Ingeborg Arler	ZPC Amersfoort	The Netherlands	59	
3	Tosca van Haren	ZPC Amersfoort	The Netherlands	54	
4	Edith Boxsem	ZPC Amersfoort	The Netherlands	52	
5	Geneviève Michils	FNCS	Belgium	54	

Solo Women Free Routine (40 – 49)

	Name	Club	Country	Age	Score
1	Jet van Deijk	ZPC Amersfoort	The Netherlands	39	
2	Lineke Claessens	PSV Synchro Team	The Netherlands	43	
3	Natasja van der Leden	DSZ	The Netherlands	48	
4	Moniek Werkman	HZ&PC Heerenveen	The Netherlands	45	
5	Jacomar Stout	ACZ	The Netherlands	40	

Solo Women Free Routine (30 – 39)

	Name	Club	Country	Age	Score
1	Hymke Jansen	Zwemlust Den Hommel	The Netherlands	31	
2	Liza de Bruijn	DAW	The Netherlands	32	
3	Stefanie Gillitzer	SV Brackwede	Germany	31	
4	Cheryl Dul	De Treffers	The Netherlands	31	
5	Sietske Klein	De Dolfijn	The Netherlands	35	
6	Christel Groenleer	PSV Synchro Team	The Netherlands	36	
7	Melanie Domburg	AZC Alphen	The Netherlands	36	
8	Joselien van Schuppen	Swol 1894	The Netherlands	34	
9	Marjolein Wiegerink	PFC Rheden	The Netherlands	36	
10	Wieteke Elzinga	DAW	The Netherlands	37	

Solo Women Free Routine (25 – 29)

	Name	Club	Country	Age	Score
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1	Rianne Bolt	DZ&PC De IJsel	The Netherlands	25	
2	Sharon Dijkman	ZPC Amersfoort	The Netherlands	24	
3	Angela Voskuilen	ZCNF'34	The Netherlands	25	
4	Julia Croz	ZC Eijsden	The Netherlands	25	
5	Rianne Swieringa	HZ&PC Heerenveen	The Netherlands	28	
6	Danica Savic	DZ&PC De IJsel	The Netherlands	26	
7	Eline Schurer	ZC Eijsden	The Netherlands	27	
8	Emmy Bonte	ACZ	The Netherlands	25	
9	Esmee Reuselaars	DSZ	The Netherlands	25	
10	Kim Deiman	ZPCH	The Netherlands	29	

Solo Man Free Routine (20 – 24)

	Name	Club	Country	Age	Score
1	Jelte van Gorp	RSCM – Aquadans	Belgium	20	

Solo Women Free Routine (20 – 24)

	Name	Club	Country	Age	Score
1	Lucie Váňová	S.K. Medúza Kladno	Czech Republic	22	
2	Elke Brandt	PFC Rheden	The Netherlands	22	

Combination Women Free Routine (40 – 64)

	Name	Club	Country	Age	Score
1	Donna Falconer Carol Ramey Carla Veal Melissa Pirart Thea Miscavish Amanda Boyd Megan Nunez-Delgado April Harkness Carol Stuart	Vanisle Masters Artistic Swimming Club	Canada	47	

Combination Women Free Routine (25 – 39)

	Name	Club	Country	Age	Score
1	Stefanie Gillitzer	SV Brackwede	Germany	27	





	Annkathrin Wagner Chiara Zöllner Carolin Mensendiek Nicole Schanz				
2	Lana Polkamp Tessa Kemper Linda van Heumen Myrthe Huysmans Jasmijn van Appeldorn Linde van de Put Abigail de Veer Anita Brown Tess Föllings	Aqua-Novio'94	The Netherlands	25	

Team Women Free Routine (35 – 49)

	Name	Club	Country	Age	Score
1	Christel Groenleer Delphie Meeuws Đorđa Petrić Mitev Jisca Ebelties Lineke Claessens Barbara Wijering	PSV Synchro Team	The Netherlands	40	
2	Inge van de Kragt Lisanne Boxsem Linda van Engelen Mariska Zeeman	De Houtrib	The Netherlands	39	
3	Rianne Swieringa Nieske Kramer-Kooistra Ellen Waterlander Miranda Wuring Doucette Riemersma Moniek Werkman-Rip	HZ&PC Heerenveen	The Netherlands	35	
4	Joyce Benders Melanie Domburg Sanne Wouters Manon Bouthoorn Carmen Penders Robin Deutekom Angeline van Wijk Denise van Barneveld	AZC Alphen	The Netherlands	35	
5	Chantal Arnoldus - van den Beukel Mieke Bachet Veerle Hagman	ZV Westland	The Netherlands	45	





	Sabrina Ijsenbout Wendy Ijsenbout Judith van der Knaap- Groenewegen José Prins-Ales Brenda Schulte Jolanda Bouman-Zeestraten (Res)				
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Team Women Free Routine (25 – 34)

	Name	Club	Country	Age	Score
1	Nathalie Torenvliet Sandra van Veltom Marlieke van Eck Annabelle van Overveld Manon Mus Margo Rops	Synchro Breda	The Netherlands	34	
2	Kimberly Brotherton Marieke Wiesmeijer Mirthe Bellers Tamara Berner Janna Balfoort Jacqueline Schrauwen	Aquarijn	The Netherlands	30	
3	Angelique Dekker Michelle Dekker Marjolein Wiegerink Kirsten Hogeboom Angela Willems Rebecca Duyverman	PFC Rheden	The Netherlands	34	
4	Silke Kroeze Suzanne Meulman Amber Maaskant Chantal Vlaskamp Anne Tutert Maret Hogeboom Anne van Gaal	Hera'11	The Netherlands	30	
5	Bianca Bos Moniek Bos Jetske Postema Jacqueliën Haisma	ZCNF'34	The Netherlands	34	





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Team Women Free Routine (20 – 24)

	Name	Club	Country	Age	Score
1	Maria-Elena Betrian Yaël Boersma Kim Rijksen Marit Halfman Elke Brandt Tess Nijhof Merel Lammerée Floor Lammerée	PFC Rheden	The Netherlands	23	
2	Ylenia Bonacina Veronica Bandera Beatrice Colzani Camilla Bandera	Sincro Seregno	Italy	24	



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Judges Information

Technical Routine – Duet

Referee: Herma Dekker		Assistant Referee: Herma Dekker	
Execution	Impression	Elements	Observer
1. Anja Pardieck 2. Daphne Schouten 3. Jelte van Gorp 4. Emilie Andrien 5. Geert Dekker	1. Willem Schrauwen 2. Delphie Meeuws 3. Bregje Tingen 4. Bianca van der Meulen 5. Jille van Geen	1. Jettie Klein 2. Els Verploegh 3. Anna Deáková 4. Hilda Wildeman 5. Hester Vos	1. Herma Dekker 2. Patrick Werkman
Secretary			
Time: Yme Waterlander Time: Anita Elferink	WOT: Casper Hóyng DM: Cecile van Goor	Computer: Casper Hóyng Computer: Cecile van Goor	
Reserve			
Jury: Dorda Petrić Mitev		Secretary: Natasja van der Velden	

WOT = Walk on Time / DM = Deck Movement

Technical Routine – Solo

Referee: Herma Dekker		Assistant Referee: Geert Dekker	
Execution	Impression	Elements	Observer
1. Jettie Klein 2. Patrick Werkman 3. Lianne Boxsem 4. Victoria Bertozzi 5. Els Verploegh	1. Joyce Haarman 2. Emilie Andrien 3. Hilda Hildeman 4. Doucette Riemersma 5. Hester Vos	1. Anja Pardieck 2. Willem Schrauwen 3. Nathalie Torenvliet 4. Barbara Wijering 5. Bianca van der Meulen	1. Herma Dekker 2. Bregje Tingen
Secretary			
Time: Camilla Bandera Time: Cecile van Goor	WOT: Yme Waterlander DM: Casper Hóyng	Computer: Yme Waterlander Computer: Casper Hóyng	
Reserve			
Jury: Jille van Geen, Dorda Petrić Mitev & Delphie Meeuws		Secretary: Anita Elferink	

WOT = Walk on Time / DM = Deck Movement

Technical Routine – Team

Referee: Herma Dekker		Assistant Referee: Herma Dekker	
Execution	Impression	Elements	Observer
1. Bianca van der Meulen 2. Hilda Wildeman 3. Jille van Geen 4. Willem Schrauwen 5. Geert Dekker	1. Els Verploegh 2. Jelte van Gorp 3. Daphne Schouten 4. Lianne Boxsem 5. Anja Pardieck	1. Emilie Andrien 2. Jettie Klein 3. Hester Vos 4. Joyce Haarman 5. Bregje Tingen	1. Herma Dekker 2. Victoria Bertozzi
Secretary			
Time: Camilla Bandera Time: Casper Hóyng	WOT: Cecile van Goor DM: Anita Elferink	Computer: Cecile van Goor Computer: Anita Elferink	
Reserve			
Jury: None		Secretary: Yme Waterlander	

WOT = Walk on Time / DM = Deck Movement





Free Routine – Duet & Trio

Referee: Herma Dekker		Assistant Referee: Herma Dekker	
Execution	Artistic Impression	Difficulty	
1. Willem Schrauwen 2. Geert Dekker 3. Nathalie Torenvliet 4. Emilie Andrien 5. Jelte van Gorp	1. Hester Vos 2. Anja Pardieck 3. Lieke Versteegen 4. Bianca van der Meulen 5. Petra Griffioen	1. Jettie Klein 2. Maxim Plessa 3. Saskia Gehrels 4. Daphne Schouten 5. Gé van Schaijk	
Secretary			
Time: Albertine Knol Time: Yme Waterlander	WOT: Thea Klijnstra DM: Anita Elferink	Computer: Thea Klijnstra Computer: Anita Elferink	
Reserve			
Jury: None		Secretary: Natasja van der Velden	

WOT = Walk on Time / DM = Deck Movement

Free Routine – Solo

Referee: Herma Dekker		Assistant Referee: Geert Dekker	
Execution	Artistic Impression	Difficulty	
1. Joyce Haarman 2. Gé van Schaijk 3. Albertine Knol 4. Delphie Meeuws 5. Nathalie Torenvliet	1. Jettie Klein 2. Maxim Plessa 3. Willem Schrauwen 4. Anna Deáková 5. Jille van Geen	1. Emilie Andrien 2. Hester Vos 3. Victoria Bertozzi 4. Bianca van der Meulen 5. Anja Pardieck	
Secretary			
Time: Saskia Gehrels Time: Thea Klijnstra	WOT: Yme Waterlander DM: Anita Elferink	Computer: Yme Waterlander Computer: Anita Elferink	
Reserve			
Jury: Lieke Versteegen & Doucette Riemersma		Secretary: Natasja van der Velden	

WOT = Walk on Time / DM = Deck Movement

Free Routine – Combination / Team

Referee: Herma Dekker		Assistant Referee: Herma Dekker	
Execution	Artistic Impression	Difficulty	
1. Anja Pardieck 2. Jille van Geen 3. Petra Griffioen 4. Bianca van der Meulen 5. Victoria Bertozzi	1. Joyce Haarman 2. Albertine Knol 3. Saskia Gehrels 4. Hester Vos 5. Jettie Klein	1. Gé van Schaijk 2. Willem Schrauwen 3. Geert Dekker 4. Anna Deáková 5. Maxim Plessa	
Secretary			
Time: Jelte van Gorp Time: Thea Klijnstra	WOT: Anita Elferink DM: Yme Waterlander	Computer: Anita Elferink Computer: Yme Waterlander	
Reserve			
Jury: Daphne Schouten & Lieke Versteegen		Secretary: Natasja van der Velden	

WOT = Walk on Time / DM = Deck Movement





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Restaurant

During the competition the Sportcafé restaurant is opened for drinks, beers, sandwiches, coffee/tea, fruits and delicious meals.

Saturday from 10:00 – 00:00

Sunday from 11:00 – 19:00

Lunchbag

We also offer a lunchbag on Saturday & Sunday. A lunchbag contains 2 sandwiches (with cheese or ham), 1 piece of fruit, bottle of water (0,5l) and a candybar. The price of this lunchbag is EUR 12,50 and can only be ordered upfront via our website:

fryslanopen.com/shop-en

Ordering is possible till 23 June 2024

Diner

On Saturday 6 July we offer a Build your own Burger buffet. For a price of EUR 20,00 you can build your own burger with fresh vegetables and sauzes, fries and salads at our restaurant.... A drink (soda, beer) is included!

Join us and get to know each other outside the pool and have a good meal! Register upfront via our website: fryslanopen.com/shop-en

Ordering is possible till 23 June 2024

Restaurant Menu

Visit our website for the full menu: <https://fryslanopen.com/menukaart/>



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General Information

Swimming Hall Sportstad Heerenveen
Abe Lenstra boulevard 23-Q
8448 JA Heerenveen
The Netherlands

Contact: participants@fryslanopen.com

Special **thanks** to our **sponsors** and all the **volunteers** for their presence and support during the competition!

Our Sponsors



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06-46038385
Rottergaastweg 23, 8445 PB



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